Shopping List

	2110	pppiii	ig List					
FRUITS	MEATS&FISH	VEGETARIAN	DAIRY	TOILETERIES				
☐ Apples	☐ Beef	☐ Tofu	☐ Low Fat Milk	☐ Soap				
☐ Bananas	□ Poultry	☐ Hummus	☐ Butter	☐ Shampoo				
□ Oranges	☐ Lean Pork	-	□ Eggs	☐ Conditioner				
□ Berries	☐ Fish	-	☐ Hard Cheese	☐ Razors				
☐ Grapes	-	-	☐ Mozzarella	☐ Shaving Cream				
☐ Melons			☐ Greek Yoghurt	☐ Deodorant				
☐ Lemon	-	BREADS	☐ Sour Cream	☐ Lotion				
		☐ Bread		☐ Toothpaste				
	SPICES	☐ Crisp Bread		☐ Floss				
	☐ Salt	☐ Tortilla						
	□ Pepper	-						
VEGETABLES		-	PASTA					
□ Broccoli		-	□ Spaghetti					
☐ Cabbage			☐ Macaroni	HOUSEHOLD				
□ Carrots		GRAINS		☐ Garbage Bags				
☐ Celery	CONDIMENTS	☐ Oatmeal		☐ Laundry Detergent				
□ Cucumbers	☐ Honey	☐ Brown Rice		☐ Dishwashing Soap				
☐ Garlic	☐ Mustard	☐ Bulgur		☐ Hand Soap				
☐ Herbs	☐ Pickles	☐ Barley	BAKING	☐ Household Cleaner				
☐ Kohlrabi		☐ Millet	☐ Sugar	☐ Glass Cleaner				
☐ Lettuce			☐ Flour	☐ Sponges				
☐ Mushrooms			☐ Vanilla	☐ Batteries				
☐ Onions			□ Baking Powder	☐ Light Bulbs				
☐ Peppers	OIL & SAUCES							
☐ Potatoes	☐ Olive Oil	SNACKS						
□ Tomatoes	☐ Canola Oil	☐ Nuts/Seeds						
☐ Zucchini	□ Vinegar	□ Popcorn						
	☐ Soy Sauce		PAPER & WRAP					
	☐ Spag. Sauce		☐ Toilet Paper	OH YEAH, AND				
		-	☐ Paper Towels					
			☐ Tissues					
FROZEN		BEVERAGES	☐ Aluminum Foil					
☐ Fruits		☐ Water	☐ Plastic Wrap					
□ Veggi Mix	CANNED	☐ Juice (100%)	☐ Plastic Baggies					
☐ Spinach	□ Beans	☐ Coffee						
☐ Fish	□ Tomatoes	□ Tea						
	☐ Tuna Fish	-						
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